

# PARISH NEWSLETTER

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Parish of St. Mary’s, Arisaig & St. Donnan’s, Isle of Eigg  
Parish of Our Lady of Perpetual Succour & St Cumin’s, Morar;  
St. Patrick’s, Mallaig & St. Columba’s, Isle of Canna

## BIRTHDAY MASSES:

*Ad multos annos!*

### Weekday Services (11<sup>th</sup> March – 16<sup>th</sup> March)

Monday .....	Morar: 10.15 am
Tuesday .....	Mallaig: 5.00 pm
Wednesday <i>Requiem Mass of Charlie Bremner RIP</i> .....	Morar: 12 noon
Thursday .....	Mallaig: 10.15 am
Friday .....	Morar: 10.15 am
Saturday .....	Arisaig: 10.15 am

### Sunday Masses 16<sup>th</sup>/17<sup>th</sup> March (Second Sunday of Lent - C)

Saturday (Vigil-Mass) 6:00 pm .....	Morar
Sunday 10:00 am .....	Arisaig
Sunday 11:30 am .....	Mallaig

### Exposition of the Blessed Sacrament / Devotions:

*Morar: after Mass on Friday*

#### Stations of the Cross:

Tuesdays and Fridays before/after Weekday Mass

Thursdays .....

.....	Arisaig: 7 pm
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#### Sacrament of Reconciliation (unless announced otherwise):

Saturday, 16<sup>th</sup> March .....

.....	Mallaig: 5pm
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*or upon request*

*Housebound visits* .....

.....	Mallaig Bheag
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## COLLECTIONS:

### Morar/Mallaig:

03.03 ..... TOTAL £366 (Gift Aid £256)

### Arisaig:

03.03 ..... TOTAL £219.40(Gift Aid £111.40)

**ANNIVERSARIES/MM:** Charlie MacDonald 08.03; Rose MacDonald 13.03; Ronnie MacPhee (South Uist) 08.03.2012; Sarah MacEachen 11.03.1984; Helen Campbell (Mallaig) 15.03.2002; Hugh Rodden 14.03.

*Eternal rest...*

## 1<sup>st</sup> Sunday of Lent (C)

10<sup>th</sup> March 2019

*R) Be with me, O Lord, in my distress.*

Praise to you, O Christ, king of eternal glory!

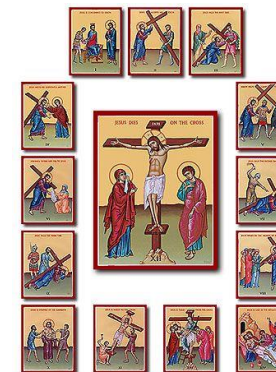
Man does not live on bread alone,

but on every word that comes from the mouth of God.

Praise to you, O Christ, king of eternal glory!

**STATIONS OF THE CROSS:** The Stations of the Cross are usually a 14-step Catholic devotion that commemorates Jesus Christ's last day on Earth as a man. The 14 devotions, or stations, focus on specific events of His last day, beginning with His condemnation. The stations are commonly used as a mini pilgrimage as the individual moves from station to station. At each station, the individual recalls and meditates on a specific event from Christ's last day. Specific prayers are recited, then the individual moves to the next station until all 14 are complete.

The Stations of the Cross are commonly found in churches as a series of 14 small icons or images. They can also appear in church yards arranged along paths. The stations are most commonly prayed during Lent on Wednesdays and Fridays, and especially on Good Friday, the day of the year upon which the events actually occurred. Please note the times of the services at the back of the Parish Newsletter.



**SPECIAL COLLECTIONS:** Today, our Special Collection is for SCIAF (**do not use** Parish GA envelopes). Following Collection will be on 30<sup>th</sup> March (Good Friday) for African Missions and Holy Places (**do not use** Parish GA envelopes).

**VISITORS:** We welcome all the Visitors to our area. Hope you have a nice and pleasant stay. If you like our Parishes, please follow our page on Facebook!

Parish Priest: Fr Stanislaw J. Pamula, Chapel House, Morar, Mallaig. PH40 4PB.

Tel. (01687) 462201 E-mails for Arisaig [arisaig@rcdai.org.uk](mailto:arisaig@rcdai.org.uk) or for Morar Parish [morar@rcdai.org.uk](mailto:morar@rcdai.org.uk)

Parish website: [catholicroughbounds.org](http://catholicroughbounds.org)

[facebook.com/catholicroughbounds](https://facebook.com/catholicroughbounds)

**PILGRIMAGE: Unfortunately, our numbers for the Pilgrimage are too low. Please, try to encourage others to join. We need 6 more people.**

**FOOD BANK NEEDS OUR HELP:** I would like to ask you to help Fort William Food Bank. Sheila, working in the Coop, is helping to organise some form of stable connection between Arisaig/Morar/Mallaig and Fort William Food Bank. Please, consider buying a few extras and leaving them in the Coop for the most vulnerable ones. Just recently Sheila informed me what a good response her appeal has brought in. Please, continue with your generosity!

**BISHOP MCGEE:** will be with us at the weekend 23/24<sup>th</sup> March...

**JUSTICE AND PEACE:** Latest Newsletter at the back of the Church.

**SCIAF:** Uganda has one of the youngest and fastest growing populations in the world. However, the legacy of war and a high rate of HIV and AIDS, has left many orphans and a generation of young people without hope, trapped in extreme poverty. Please remember to pick up your WEE BOX this Lent. Together, we can end poverty.

**READERS ROTA FOR EASTER:** Our Rota for Easter Services is almost ready and hopefully we will have all the readers and, music and texts ready for Palm Sunday and the Holy Week by next weekend.

**CHRISM MASS:** This year's Chrism Mass will be on Wednesday, 10th April at 7pm in Oban Cathedral. I have booked a School Minibus for volunteers. Please, speak to me if you wish to go with me on the bus.

**LENTEN CONFESSIONS:** Will take place in Holy Week when Fr Kieran arrives.

**WE PRAY FOR THE SICK:** There are a lot of people not well at the moment and require our constant prayers and support.

*Almighty and Eternal God, You are the everlasting health of those who believe in You. Hear us for Your sick servants for whom we implore the aid of Your tender mercy, that being restored to bodily health, they may give thanks to You in Your Church. Through Christ our Lord.*

**ARISAIG PARISH:**

**GRAVEYARD APPLICATIONS:** I hope to have the decisions ready by the end of March after meeting with the Committee and reviewing the applications. Everyone will be informed of the decision, weather positive or negative.

**STATIONS OF THE CROSS:** begin this week.

**NEW OFFERTORY/GIFT AID ENVELOPES:** At the back of our Churches you will find new Gift Aid envelopes. Starting from Sunday, 7th April, your old envelopes should no longer be in circulation. Please, dispose of them after 31st March so as not to be confused. Please remember to notify me if you are no longer a tax payer and need to leave the scheme.

**EASTER SERVICES:** All the Paschal Triduum Services will take place in each parish separately. Maundy Thursday (Fr Kieran) – 7pm; Good Friday (Fr Stan) – 3pm; Easter Vigil (Fr Kieran) – 8.00pm; Easter Sunday (Fr Stan) – 10am.

**MORAR PARISH:**

**CHURCH LOTTERY:** Have you bought your ticket today? It is a great way of showing support.

**CHARLES BREMNER RIP:** With sadness we received word of Charlie's passing. Funeral Mass will take place on Wednesday at 12 noon in Morar. Reception of the Body at 6pm the night before.

**NEW OFFERTORY/GIFT AID ENVELOPES:** At the back of our Churches you will find new Gift Aid envelopes. You will probably notice that the numbers are different than before. Starting from Sunday, 7th April, your old envelopes should no longer be in circulation. Please, dispose of them after 31st March so as not to be confused. The numbers have changed so that the Parishes would no longer have to pay for the excess box sets. As the numbers have diminished over the years and some people are

no longer tax payers, we need to limit the number of these sets. I apologise for this minor inconvenience. Please remember to notify me if you are no longer a tax payer and need to leave the scheme.

**DEANERY MEETING:** It is Morar's turn to host the Deanery Meeting on 12<sup>th</sup> March. Priests from all the area are invited to attend and contribute to the subjects provided by the Bishop and other arising matters. It is also an opportunity to meet around the table and enjoy a nice meal together. When the meeting was held in Arisaig, all were very impressed with the Parishioners preparing the spread. This time, Mae MacDonald will be coordinating the catering. Please, if you can and would help, speak to Mae.

**EASTER SERVICES:** All the Paschal Triduum Services will take place in each parish separately. Maundy Thursday in Morar (Fr Stan) – 7pm; Good Friday in Mallaig (Fr Kieran) – 3pm; Easter Vigil in Morar (Fr Stan) – 8.00pm; Easter Sunday in Mallaig (Fr Kieran) – 11.30am.

**HEALTH AND SAFETY:** Works are progressing in this matter.

**HEATING&LIGHTING:** In Memory of James MacDonald.



*Pope Francis on Ash Wednesday (from vaticannews.va)*

"Lent is the time to rediscover the direction of life. Because in life's journey, as in every journey, what really matters is not to lose sight of the goal" he said. The Pope said that during a journey, if we are distracted we will not get far, and he encouraged believers to ask themselves whether they are seeking the way forward in the journey of life or whether they are satisfied with living in the moment and thinking only of feeling good, solving some problems and having fun. "What is the path?" he said, "Is it the search for health, which many today say comes first but which eventually passes? Could it be possessions and wellbeing?" We are not in the world for this, Pope Francis pointed out, "the Lord is the goal of our journey in this world. The direction must lead to him". The Pope explained that the mark of ash we receive on Ash Wednesday is a sign that helps us find our direction: "it is a reminder that of the many things occupying our thoughts, which we chase after and worry about every day, nothing will remain. No matter how hard we work, we will take no wealth with us from this life". Earthly realities, he said, "fade away like dust in the wind. Possessions are temporary, power passes, success wanes". "The culture of appearance prevalent today, which persuades us to live for passing things, is a great deception. It is like a blaze: once ended, only ash remains" he said. The Pope said that "Lent is the time to free ourselves from the illusion of chasing after dust" and for rediscovering that "we are created for God, not for the world; for the eternity of heaven, not for earthly deceit; for the freedom of the children of God, not for slavery to things. We should ask ourselves today: Where do I stand? Do I live for fire or for ash?" Pope Francis reminded the faithful that the Gospel proposes three steps that are to be undertaken without hypocrisy and pretence: almsgiving, prayer, fasting. He said they are practices that bring us back to the three realities that do not fade away: "Prayer reunites us to God; charity, to our neighbour; fasting, to ourselves". He explained that "God, my neighbour, my life" are the realities that do not fade away and in which we must invest. Lent, Pope Francis said, invites us to focus, "first of all on the Almighty, in prayer, which frees us from that horizontal and mundane life where we find time for self but forget God. It then invites us to focus on others, with the charity that frees us from the vanity of acquiring and of thinking that things are only good if they are good for me. Finally, Lent invites us to look inside our heart, with fasting, which frees us from attachment to things and from the worldliness that numbs the heart. Prayer, charity, fasting: three investments for a treasure that endures". The Holy Father also reflected on the need we have for direction as we risk being distracted by outwards appearance, by money, career or hobbies – all things - he said, that can enslave us and cause us to loose direction. "Whereas if our heart is attached to what does not pass away, we rediscover ourselves and are set free" he said. "Lent is a time of grace that liberates the heart from vanity" Pope Francis said, "It is a time of healing from addictions that seduce us. It is a time to fix our gaze on what abides". The Pope concluded his homily inviting Christians to fix their gaze upon the Crucified one saying "Jesus on the cross is life's compass, which directs us to heaven". "From the cross, Jesus teaches us the great courage involved in renunciation" he said, urging us to "free ourselves from the clutches of consumerism and the snares of selfishness, from always wanting more, from never being satisfied, and from a heart closed to the needs of the poor".

It is difficult to live as He asks, the Pope said, but it leads us to our goal and "if we take the path of love, then we will embrace the life that never ends. And we will be full of joy".