

Parish Services

Video Streamed Mass on Parish Facebook. Please note that Mass Intentions are scheduled to the best of my ability and there could be some last-minute changes (if ex. Someone has an urgent prayer intention. I always try to inform the donor).

Weekday Services (29th January – 3rd February)

Monday, _____ Morar, 10am
Blessings for Eilidh

Tuesday, _____ Arisaig, 10am
Ann MacKinnon RIP

Burial of Ann MacKinnon RIP _____ Beoraid Graveyard in Morar, 1pm

Wednesday, St John Bosco _____ Mallaig, 10am
Mary Meechan RIP

Thursday, _____ Arisaig, 10am
Blessings for Lisa

Friday, _____ Morar, 10am
Pat Dobbins RIP

Saturday, _____ Arisaig, 10am
Donald MacNeil RIP

SUNDAY MASSES 3rd February / 4th February (5th Sunday in Ordinary Time – B)

Saturday-Vigil..... Morar: 6pm
Peter McKenna RIP

Sunday Arisaig: 10am
Donald MacDonald RIP

Sunday, Children’s Mass (open to everyone) Mallaig: 11.30am

HOUSEBOUND VISITS: 1st Week (Arisaig); 2nd Week (Morar); 3rd Week (Mallaig)

Sacrament of Reconciliation (only by prior arrangement)

THANK YOU FOR ALL YOUR GENEROSITY IN THIS DIFFICULT TIME. FOR ALL ONLINE DONATIONS, ENVELOPES POSTED TO THE CHAPEL HOUSE AND STANDING ORDERS INTO THE PARISH BANK ACCOUNTS.

COLLECTIONS:

Morar and Mallaig:

21.01 £253.00 (incl. Gift Aid £135.00)
 Parish Maintenance £247.00 (incl. Gift Aid £101.00)

Arisaig:

14.01 £236.35 (incl. Gift Aid £145.35)
 21.01 n/a
 Parish Maintenance n/a

THANK YOU FOR YOUR CONTINUOUS SUPPORT

ANNIVERSARIES/MM: Donald MacDonald 22.01; Ann MacKinnon; Maureen Gillies; James Manson MacLean (BDay Ann) 28.01; Donald MacNeil; Donald MacDonald; Pat Dobbins; Isa Dempster; Catherine Greensill; Mary Meechan; Niamh Henderson; Peter McKenna; Teresa MacKenzie; *Eternal rest...*



HEATING & LIGHTING: In Memory of Niamh Henderson



Parish Priest: Fr Stanislaw J. Pamula, Chapel House, Morar, Mallaig. PH40 4PB. Tel. (01687) 462201
Email and Bank details for Arisaig Parish: arisaig@rcdai.org.uk
 (RC Diocese of Argyll and the Isles Arisaig Mission, Sort Code 83-91-25 Account No. 65626995, The Co-operative Bank plc)
Email and Bank details for Morar Parish: morar@rcdai.org.uk
 (RC Diocese of Argyll and the Isles Morar Mission, Sort Code 83-91-25 Account No. 65628087, The Co-operative Bank plc)
Parish website: www.catholicroughbounds.org // **Facebook Page:** www.facebook.com/catholicroughbounds
Liturgical Calendar texts taken from Universalis® or New Advent Encyclopaedia unless stipulated otherwise.

RC Diocese Argyll & Isles – Arisaig & Morar Missions:
 Charity Reg. No. SC002876.

**CATHOLIC ROUGH BOUNDS®
 PARISH NEWSLETTER**

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**Parish of St. Mary's, Arisaig & St. Donnan's, Isle of Eigg
 Parish of Our Lady of Perpetual Succour & St Cumin's, Morar
 St. Patrick's, Mallaig & St. Columba's, Isle of Canna**



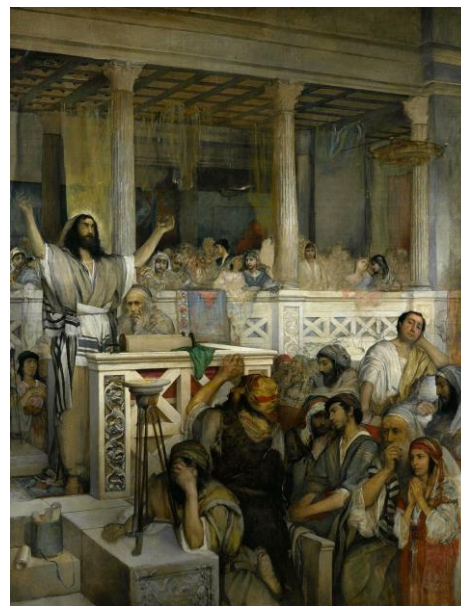
4th Sunday in Ordinary Time (B)

28th January 2024

Mass Intentions:

Saturday-Vigil Mass: *Teresa MacKenzie RIP*
Sunday 10am: *Alec MacDonald RIP* **Sunday 11.30am:** *James Manson MacLean RIP*

VISITORS: Welcome to all our Visitors!



WE PRAY FOR THE SICK: There are a lot of people not well at the moment and require our constant prayers and support. There are so many people that occupy my thoughts and prayers at the moment. Please. Do not lose your faith in prayer! It works miracles. I am always ready to administer the Sacrament of the Sick whenever you ask. It is not an imposition; I am happy to carry out this ministry. I will always respect your privacy and confidentiality. *Almighty and Eternal God, You are the everlasting health of those who believe in You. Hear us for Your sick servants for whom we implore the aid of Your tender mercy, that being restored to bodily health, they may give thanks to You in Your Church. Through Christ our Lord.*

SPECIAL COLLECTIONS:

- 3rd / 4th February, *Parish Maintenance*. **REMEMBER TO USE** Gift Aid Envelopes
- 17th / 18th February *Diocesan Pastoral Fund*. **REMEMBER TO USE** Gift Aid Envelopes
- 9th / 10th March *SCIAF*. **DO NOT** use Gift Aid Envelopes.

CATHERINE GREENSILL (DEMPSTER) RIP: Thank you for your participation at the Funeral. Special thanks to Heather Sim, who is new to the area and arrived together with the New Minister in Fort William. She is a skilled pianist and has agreed to assist during the Funeral. Of course, we are always grateful to Alison Young for her help whenever possible.

ANN MACKINNON RIP: Sad news from Nairn. Ann was originally from this area (Meoble/Morar) and well known among the locals. After her Requiem Mass away, Ann will be buried in Morar, next to her husband on the 30th January at 1pm at Beoraid. We offer our prayers for Ann and her family.

BREAK/HOLIDAY: I was recently asked about why I am not taking a break after a busy Christmas period like other priests. I am not sure if the question was out of concern for me needing a break from the Parishes or the Parishes needing a break from me. As they say one does not necessarily exclude the other. The reason for delaying my break are of course various activities, including managing guests over the New Year period. Shortage of supply priests is another reason. Canon MacLean in Stornoway had Communion Services over the last weekend (no Masses!). A day may come when we might have to think about it but for the time being, I am reluctant to leave the Parishes without proper cover in place. This is why I will be taking my break between 14th February – 9th March. I will be taking a Lenten Retreat in a Benedictine Convent, as well as visiting Fr Pawel in Austria and getting some sunshine and attend Fr Frank Dougan's Episcopal Ordination in Ayr. Upon my return of course Easter will come soon enough, and Tourist Season will start. During my absence, Fr Rafal Sobieszuk from Motherwell Diocese has agreed to provide cover.

SACRAMENTS: We will shortly begin our Sacramental Preparation classes for First Communions and Confirmations. If you would like your child to be included and celebrate this wonderful gift of the Sacrament of Initiation in the Catholic Church, we ask you to register your interest with Lilian Young (lilianfortiz@hotmail.com or via 'Mallaig, Morar and Arisaig Children's Liturgy' Facebook Group) by the end of February 2024.

Preparing for the Sacraments is a commitment that will require your regular participation at Mass along with your children. Lilian will also lead purposely prepared classes and guide parents in preparation along with their children. It can be a wonderful spiritual journey for you and your children as well as an opportunity to get to know other parents and children on Social level, building friendships in the local community.

- CONFIRMATION 2024:
if your child is in P7 or older, received Baptism and First Communion
- FIRST COMMUNION 2024:
if your child is in P3 and above and received Baptism
- FIRST COMMUNION 2025:
if your child is in P1 or P2 and received Baptism
- BAPTISM OF CHILDREN: this wonderful Sacrament can be the beginning of a wonderful journey for your child. Opening up to the grace of God to accompany your children through life. It also gives great opportunities for education in the Catholic Schools.
- BAPTISM OF ADULTS: if you think that you would like to open yourself to the possibility of receiving Baptism later in Life, you would also be welcomed to our Parish Community. Fr Stan will be more than happy to guide you in this through a period of discovery and preparation.
- RECEPTION INTO THE CHURCH: If you have already been baptised in another Christian Church, and feel that becoming a Catholic is something you would wish to explore, you are also more than welcome to do so.

Grief to Grace

A Healing Retreat

Restoring Human Dignity

For Those who are Suffering from an Abusive Past



Monday 15th to Saturday 20th April 2024

St Mary's, Kinnoull, Perth

Healing for victims of abuse

Grief to Grace is a specialised 5-day programme of spiritual and psychological healing for anyone who has suffered from sexual, physical, or emotional abuse or neglect in childhood, adolescence or adulthood, including those abused by a religious / member of the clergy. If you are interested in this confidential healing retreat, please contact:

Grief to Grace (Scotland) at margaret.clarke@griegtograceuk.org



Registered Charity: 1156807

COMMUNITY FILM SCREENING AND TALK:

Palestine
IS STILL THE ISSUE

Friday 9th February, 7pm - 9pm,
New Hall, Duncansburgh Church, Parade,
Fort William, PH33 6BA



Followed by a talk of their experiences in Gaza.

John Finnie (Retired MSP) and

A Retired Surgeon who has worked in Gaza .

Free Entry tickets on this link/QR code

<http://bit.ly/lochaber-screening>



For any queries please contact - lochabersp@gmail.com
Screening and Talk organised by Lochaber Supports Palestine

NEWS FROM THE BISHOP:

Synod of Bishops – ‘Towards October 2024’

The Synod’s General Secretariate (SGA) recently published consultation materials concerning ‘Towards October 2024’. The consultation in preparation for the Second Assembly of the Synod is not to mirror earlier consultations but rather is more specific and intended to develop local synodal thinking and practice.

Every diocese is asked to participate in the manner most suited to its circumstances. Last week the diocesan Synodal Core Group met and decided that it would be easiest to consult the clergy through the upcoming Deanery meetings in preparation for March’s Council of Priests. This will allow every priest’s and deacon’s voice to be heard without extra meetings. Materials will be sent out over the next few weeks.

There will also be one diocesan-wide online meeting for the laity. A similar meeting worked well last year.

Our diocesan report, containing no more than 1,000 words, is to be sent to BCOS before Palm Sunday, 23rd March 2024. The BCOS Synodal Committee will then collate the various submissions and send a national report to Rome before May 15th 2024. This will influence the Second Session’s *Instrumentum laboris*.

Led by the Spirit

I am very grateful to all the parishes which have already submitted their reports to Fr William MacLean. Any outstanding reports should be sent by Ash Wednesday, 14th February. Several priests, whose parishes have not yet been able to meet, have invited me to help facilitate their parish Gatherings. I would be very happy to come and support any parish which is struggling with the process. It is important that everyone has the opportunity to share their thoughts and to listen to others.

The third phase of Led by the Spirit, which will focus on mission, was due to start soon. However, we will postpone the next phase until after Easter so as to allow us all to concentrate on the Synod.

I am writing a Pastoral Letter about both the Synod of Bishops and Led by the Spirit to both share information and encourage participation in these initiatives.

Finance

I would like to thank everyone for your timely return of the Annual Parish Returns. [...]

Safeguarding

The SCSSA is in the process of changing the annual parish audit. It isn’t know when they will complete this process but our Safeguarding Team will let you know as soon as we are informed.

MASS INTENTIONS: You will probably notice a lot of different names on our Anniversary list. Due to lack of intentions, I received some from Fr Eagers in Renfrew. In the past, I used to send the off to other priests myself, but I am grateful to Fr John that he can still share his. A priest always offers an intention, even when there are none provided by parishioners, I offer them in specific intentions.

SCIAF Boxes: I know we are still few weeks away from Lent but Boxes have arrived and are at the back of the Churches. Just like in previous years, they arrived in an envelope pack to be assembled.

REPAIRS, REPAIRS and UPGRADES: My thanks to John MacKay for his help in the Chapel House in Arisaig with removing the old fireplace base. It was identified by our guests as safety concern and had to be removed. Neil Henderson will now put new vinyl in the kitchen. Thank you to Hughie for his help with the fence in Morar. Jamie and Henry have started with the toilet replacement in the Club Room. It has been looking rather shady over the years. David Smith will have to replace a fan; Duncan paint the toilet room and a new vinyl put in. Toilet serves as a church toilet during services, so we have to make sure it is nice and tidy.

HOUSEBOUND: Due to my break in February, I will try to manage the list before my departure so the Rota will be flexible.

NEWSLETTER DEADLINE: Just to remind you, our Newsletter deadline for inserts is always at midday on Thursday. We have quite a few readers outside the Parishes and it gives them enough time to receive it before the weekend.

Please check the Mass Rota on the Back Page!