

Parish Services

BIRTHDAY: Monica MacDonald 06.20; Peggy Kirk (90th Birthday) 10.10; Ad multos annos!

Weekday Services (21st September – 9th October)

Video Streamed Mass on Parish Facebook.

Public Masses: You need to book your attendance on Sunday in advance!

Weekday: you have to leave your contact details at the door

Monday St Matthew (21.09);no Mass
Tuesday Sts Michael, Gabriel and Raphael (29.09);no Mass
Wednesday St Padre Pio (23.09); St Jerome (30.09); Our Lady of the Rosary (07.10)no Mass
Thursday St Therese of the Child Jesus (01.10)no Mass
Friday The Holy Guardian Angels (02.10);no Mass
Saturdayno Mass
Sunday Masses 26th/27th September (26th Sunday in Ordinary Time A)
 Vigil Mass (Saturday)..... St. Cumin's, Morar: 6pm

Fr MacKinnon's Intention

Sunday St. Mary's, Arisaig: 10am

Fr MacKinnon's Intention

Sunday Masses 3rd/4th October (27th Sunday in Ordinary Time A)

SPECIAL COLLECTION FOR PETER'S PENCE

Vigil Mass (Saturday)..... St. Cumin's, Morar: 6pm

Fr MacKinnon's Intention

Sunday St. Mary's, Arisaig: 10am

Fr MacKinnon's Intention

Sunday Masses 11th October (28th Sunday in Ordinary Time A)

Sunday St. Mary's, Arisaig: 10am

Fr MacKinnon's Intention

- **Sacrament of Reconciliation (only by prior arrangement, in Morar)**
- **Housebound:** Please contact me to arrange a visit. You have to make the contact first, as I do not want to put any pressure on those who are shielding from the virus or feel anxious or distressed.

- COLLECTIONS:

Morar/Mallaig:
 05.09 £184 (Gift Aid £83)
Average income from Standing Orders per month - £400

Arisaig:
 05.09 £169.31 (Gift Aid £21)

ANNIVERSARIES/MM: Alex Macdonald 15.10.2018; John Paul Houston 15.09.2012; Ulrich Visschers 24.09.2010; Patrick Rodden 20.09.1980; Angus MacDonald (Morar) 21.09.1979; Gerry Hagen 08.09; Allan MacDonald (Kinsadel) 21.09.1985; Christine MacConnell (died recently, Fort William).

Eternal rest...



Parish Priest: Fr Stanislaw J. Pamula, Chapel House, Morar, Mallaig. PH40 4PB. Tel. (01687) 462201 or (01687) 450223
E-mails for Arisaig Parish: arisaig@rcdai.org.uk (RCDAI Arisaig Mission, Sort Code 83-91-25 Account No. 65626995, The Co-operative Bank plc) or
for Morar Parish morar@rcdai.org.uk (RCDAI Morar Mission, Sort Code 83-91-25 Account No. 65628087, The Co-operative Bank plc)
Parish website: www.catholicroughbounds.org

Facebook Page: www.facebook.com/catholicroughbounds
 RC Diocese Argyll & Isles – Arisaig & Morar Missions:
 Charity Reg. No. SC002876.

CATHOLIC ROUGH BOUNDS PARISH NEWSLETTER®

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Parish of St. Mary's, Arisaig & St. Donnan's, Isle of Eigg
 Parish of Our Lady of Perpetual Succour & St Cumin's, Morar
 St. Patrick's, Mallaig & St. Columba's, Isle of Canna

25th Sunday in Ordinary Time (A)

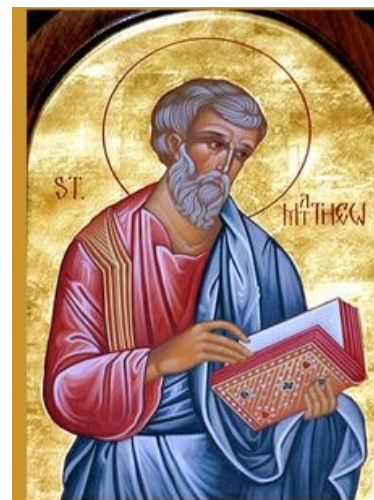
20th September

26th Sunday in Ordinary Time (A)

27th September

27th Sunday in Ordinary Time (A)

3rd October



Monday 21 September 2020

St Matthew, Apostle and Evangelist

He was born in Capernaum and was working as a tax-collector when Jesus called him. He is thought by some scholars to have written an early version of his gospel in Aramaic, a precursor to the Greek version we now have. He is also said to have preached in the East.

Wednesday 23 September 2020

St Pio of Pietrelcina (1887-1968)

He was born in the small village of Pietrelcina in southern Italy, and joined the Capuchin friars at the age of 16. He became a priest seven years later, and spent fifty years at the monastery of San Giovanni Rotondo, where he was very much sought after as a spiritual advisor, confessor, and intercessor. Many miracles were popularly ascribed to him during his lifetime. He died a few days after the fiftieth anniversary of his receiving the stigmata, and over 100,000 people attended his funeral.



Tuesday 29 September 2020

St Michael

He is mentioned in the Apocalypse as the leader of the heavenly host. He is a patron of soldiers.

St Gabriel

He appears in the book of Daniel to explain some of the prophet's visions, and was also the bearer of the Annunciation to the Blessed Virgin Mary.

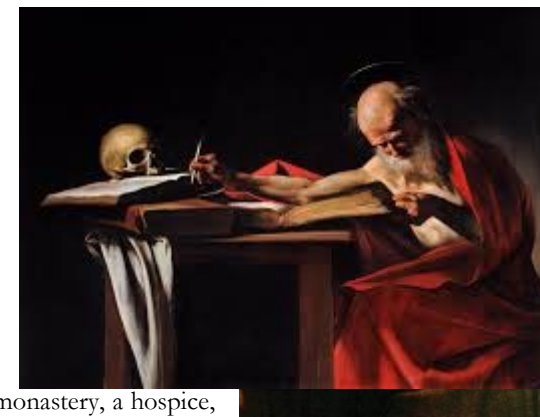
St Raphael

In the Book of Tobit, he is the angel who heals Tobit of his blindness. His name means God heals.

Wednesday 30 September 2020

St Jerome (340 - 420)

He was born in Strido, in Dalmatia. He studied in Rome and was baptized there. He was attracted by the ascetic life and travelled to the East, where he was (unwillingly) ordained a priest. He was recalled to Rome to act as secretary to Pope Damasus, but on the Pope's death he returned to the East, to Bethlehem, where (with the aid of St Paula and others) he founded a monastery, a hospice, and a school, and settled down to the most important work of his life, the translation of the Bible into Latin, a translation which, with some revisions, is still in use today. He wrote many works of his own, including letters and commentaries on Holy Scripture. When a time of troubles came upon the world, through barbarian invasions, and to the Church, through internal dissension, he helped the refugees and those in need. He died at Bethlehem.



Thursday 1 October 2020

Saint Thérèse of the Child Jesus (1873 - 1897)

Marie-Françoise-Thérèse Martin was born in Alençon, in France, on 2 January 1873. Her mother, who already had breast cancer, died when Thérèse was four, and the family moved to Lisieux. Thérèse became a nun at the Carmelite convent there at the age of 15, after a long battle against the superior, who insisted that 16, or even 21, would be a more sensible age. She died of tuberculosis at the age of 24, and that was that. Another forgotten nun: born, was good, died. Holy, no doubt; but nothing much to write home about.



In 1895 Mother Agnès of Jesus, the prioress, had commanded Thérèse to write her memoirs. Writing "not to produce a literary work, but under obedience," Thérèse took a year to fill six exercise books. She presented them to the prioress, who put them in a drawer unread. A year after Thérèse's death, the memoirs were published in a small edition of 2,000: the first spark that ignited a "storm of glory" that swept the world. Miracles started to happen: conversions, cures, even apparitions. "We must lose no time in crowning the little saint with glory," said the Prefect of the Congregation of Rites, "if we do not want the voice of the people to anticipate us." The beatification process opened thirteen years after Thérèse's

death. She was canonized in 1925, the Pope having suspended the rule that forbids canonization less than 50 years after someone's death. Her parents, Louis and Zélie Martin, were canonized by Pope Francis on 18 October 2015. Their feast day is 12 July.

When Thérèse was 17, she confided to a visiting Jesuit her hope of becoming a great saint and to love God as much as the Carmelite Saint Teresa of Ávila. The Jesuit thought he found traces of pride and presumption and advised her to moderate her desires. "Why, Father?" asked Thérèse, "since our Lord has said, Be perfect as your heavenly Father is perfect." 100 years after Thérèse's death, Pope John Paul II declared her a Doctor of the Church, joining St Catherine of Siena and St Teresa of Ávila.

The very storm of glory that propelled Thérèse into sainthood makes her a difficult saint for many of us to stomach. The late 19th century was a highly sentimental period, and much of the literature about Thérèse has taken that quality and made it sweeter and sicker still, to the point where you feel like brushing your teeth after reading every page. There are antidotes. One is raw Thérèse: The Story of a Soul is still in print in most languages. Another is a clear and astringent biography such as that by Guy Gaucher, Bishop of Meaux (which may be hard to find but is worth looking for).

What makes St Thérèse so special?

We have grown used to the idea that just as there are people with talents for sport or scholarship, and the rest of us can only admire them without trying to keep up, so there are people with a talent for holiness and heroic virtue, and the rest of us can only bumble along as best we can. We can't do better because we're not designed to do better, so there's no point in trying. We sink into a consoling mediocrity.

Thérèse wrecks this. She was physically weak and psychologically vulnerable. For her the great saints were giants, they were inaccessible mountains, and she was only an "obscure grain of sand;" but she was not discouraged. St John of the Cross taught her that God can never inspire desires that cannot be fulfilled. The Book of Proverbs told her, "If anyone is a very little one, let him come to me." If you only look, Scripture is permeated with images of our littleness and weakness with respect to God, and of his care for us in our insignificance.

Thérèse's "Little Way" means taking God at his word and letting his love for us wash away our sins and imperfections. When a priest told her that her falling asleep during prayer was due to a want of fervour and fidelity and she should be desolate over it, she wrote "I am not desolate. I remember that little children are just as pleasing to their parents when they are asleep as when they are awake."

We can't all hug lepers or go off and become missionaries and martyrs. But we all do have daily opportunities of grace. Some of them may be too small to see, but the more we love God, the more we will see them. If we can't advance to Heaven in giant strides, we can do it in tiny little steps. Our weakness is no excuse for mediocrity.

Friday 2 October 2020

The Holy Guardian Angels

The doctrine that every individual soul has a guardian angel has never been defined by the Church and so is not an article of faith, but is the "mind of the Church", as expressed particularly by St Jerome and St Basil. It is present in both the Old and New Testaments.

As Jesus says, See that you never despise any of these little ones, for I tell you that their angels in heaven always gaze on the face of my Father in heaven. Thus even little children have guardian angels, and these angels remain in the presence of God even as they fulfil their mission on earth.

Anciently, all angels were celebrated together on the feast of St Michael. A separate feast of the Guardian Angels began in Valencia in 1411. At the reform of the Breviary in the 16th century it was included among the local feasts, and it was raised to the status of a feast in the General Calendar in 1608, placed on the first free day after the feast of Saints Michael, Gabriel and Raphael.

One of the benefits of this feast is that it reminds us that God cares for us each, individually. We all know this in theory, but it is easy – in times of depression or temptation – to convince ourselves that we are too small to matter, for good or ill. Let us use this feast to remind ourselves that each of us has an angel of our very own looking after us; and also to pray to God for our own Guardian Angel. What a bore and a burden to them some of us are. May we one day be a cause of rejoicing for them also.

ANNUAL LEAVE: To prevent any unnecessary rumours I would like to inform you that I will be taking a short break (20th September – 10th October). No matter the legislation, I will be spending some time in self-isolation once back to prevent any potential spread of Coronavirus. I can assure you than other than going to the dentist and the doctor for the check-up, I am not unwell and do not require any further treatment for the time being. I will use this time to visit my parents, pray and relax. I thought long whether I should go at all but I really miss my parents and family and would like to see them. This will mean that during my time away, there will be no weekday Mass. Vigil Masses on the 10th and 17th October in Morar will also be cancelled. Fr MacKinnon will be celebrating Masses during the remaining weekend Masses. Thank you so much to those who will look after the Parish while I am away and enable me to take some rest.

SPECIAL COLLECTION: 4th October – Peter's Pence.

APPEAL FOR HELP: I am grateful for all your financial support. Fundraising has been done entirely on Parish level and we continue to pay our monthly levies, which have been increased now to 75% of pre-covid state. Despite our Masses being available to the Public, our income has actually fallen even further. **At the moment, the Parishes are running a deficit, which means there is more money coming out as going in.** This situation is a real financial struggle on the Parish.

OIL TANK SPILL: This past week has been very eventful with oil spillage in Arisaig. It has been treated with special chemicals to be neutralised. Many thanks to all the helpers, including Jamie Young, who supported me in this endeavour. In the meantime, Fr Campbell's boiler suffered a breakdown. It has now been fixed and hopefully Fr Campbell will be able to enjoy a hot shower again. I was also able to trim some trees. To answer some of the questions: Yes, Michael Currie (Gardener, in Arisaig), continues to use the old shed below the Church grounds. No, he does not provide us with any form of payment

(either material or in labour) for this. I simply thought that rather than to have the area outgrown and neglected, at least it will be of use to our young entrepreneurs. We wish them all the best. It is up to them to decide if they want to volunteer some work for the Parish. I hope this will answer all the questions that have arisen.

GARDEN/GRASS/VESTRY: My thanks to all who are helping with keeping Church grounds so tidy and clean. There are a lot of people, who of course limited by the Pandemic, have been helping out. I will offer a Special Mass on the 19th September (Vigil) for all our Parish Volunteers. May God bless you for your kindness and hard work!

PARISH FINANCE COMMITTEE: We will be meeting shortly to discuss the long-term upkeep of our Church buildings. We are suffering greatly from the loss of income and have to look for ways to limit our spending. This might involve some radical choices to be made. Perhaps it is time to consolidate and look at the option of releasing our Parish properties. Please, feel free to express your views to our Committee members: (Mairead and Catriona MacDonald, Mary Morrison and Maureen MacNeil) in Morar and (Lilian, Pat and Merac MacDonald) in Arisaig. Recommendations will be submitted to the Bishop and the Diocese.

HAPPY BIRTHDAY: We congratulate Teresa MacKenzie on her 90th Birthday which she celebrated on 28th August. Teresa, now housebound, has been for many years has an indispensable help to many priests in Morar and was what was described to me as the First lay Finance Committee Member in Morar and possibly in the whole Diocese. We congratulate Teresa and keep her in our prayers! *If you would like you Parish to remember someone on their Birthday, please let me know in advance. Do not presume that someone already told me.*

RESUMPTION OF PUBLIC MASSES: We are allowing people to participate at Daily Mass. Booking is required for Saturday-Vigil in Morar and Sunday Mass in Arisaig. Please go to events section of our Parish Facebook to book your free ticket. You can also call the Chapel House, but you should use the online facility first. There is a limited number of people allowed. **St. Patrick's, Mallaig; St. Donnan's, Eigg; St. Columba's, Canna; remain closed to the public.**

Booking is not required for Weekday Mass, however maximum capacity limit still applies. You have to leave your name and phone number on the list as you walk in for Weekday Mass. THIS RULE DOES NOT APPLY TO SATURDAY-VIGIL and SUNDAY MASS WHERE BOOKING IS STILL REQUIRED IN ADVANCE.

Please note that until the COVID-19 threat is over, Sunday Mass attendance is not obligatory. I would like to assure you that we are doing all we can to make our spaces safe to the public following the guidelines. I am sure that in time we will be accustomed to the new regulations.

Make note of any changes on Parish Facebook Page or notices. For safety, Parish will only be distributing the Newsletter in electronic version.

CHURCHES: We are open from Monday till Saturday between **10am and 3pm** by **booking only**. You have to **call or email** in advance to receive your time slot. Here is some important information regarding re-opening for private prayer:

- Do not visit the Church if you feel sick or have developed any Symptoms of **COVID-19**.
- **Face coverings** should be worn by all those in the Church whether during private prayer or Mass. If no face coverings are available, the mouth and nose should be covered by a scarf or other cloth covering. In accordance with Scottish Government guidance, the following are not required to wear a face covering in the church: children under the age of five years; and those who have a health condition where a face covering would be inappropriate because it would cause difficulty, pain or severe distress or anxiety, or because you cannot apply a covering and wear it in the proper manner safely and consistently.
- **CCTV** is in operation and will be shared with authorities, if necessary, to allow for contact tracing.
- Please use the **Sign-in book** to log your entry. This will allow contact tracing. Please, sanitise the pen with available wipes after you use it. Please, contact us immediately if you become sick and have visited the Church recently.
- Use **Sanitiser** upon entry and exit. My thanks to #HighlandSoapCompany for donating us the Sanitiser.
- Please note that there is a **one-way system** in the Church. Do not cross the sealed off areas. Choose your seat and do not change it or wander around the church unnecessarily.
- **Funeral Masses** may take place in churches, with appropriate stewarding and sanitising procedures in place. The number of mourners should be agreed in consultation with the parish priest and limited according to government guidelines. The Bishops' Conference of Scotland suggests a maximum of 15 mourners. Funerals in our Parishes will only be taking place in St. Mary's, Arisaig. There will be an option to live-stream Funeral Masses.

Fr Stan

Update on numbers permitted to attend Funerals Weddings and Baptisms - 10 July 2020

Today the Scottish Government announced that the maximum number of attendees at a funeral, wedding or baptism has been set to 20.

Churches can re-open for Mass from 15th July 2020 - 09 July 2020

On 9th July 2020, the Scottish Government announced that Churches MAY re-open to worshippers for services with effect from 15th July 2020. Before a church can re-open, it must observe the following requirements:

- social distancing must be observed
- face-coverings must be worn by those attending (except under-5s)
- a maximum attendance of 50 people at Mass is being required for now - to be reviewed on 30th July (PLEASE NOTE THAT WE HAVE LIMITED THE CAPACITY TO 30 PEOPLE IN ST. MARY'S)

for each service, the parish must retain details of names and contact details of all attendees.

Health protocol for distribution of Holy Communion - 09 July 2020

Clergy distributing Holy Communion should:

- sanitise their hands immediately prior to distributing Holy Communion
- wear a face covering while distributing Holy Communion
- direct congregants to receive Holy Communion in their hand by stretching out their arms with one hand on top of the other, then taking steps to the side to place the host on the tongue.

Booking system for Mass – We are still required to use Eventbrite as a booking system for Mass. Please, do not be shy in securing your place. Do not think that because you attended last week, you cannot do it again. If I see that our Church is at full capacity, I will make allowances for another Mass.

AMAZON SMILE: Are you a shopper on Amazon? You can now support your Parish by using smile.amazon.co.uk. Please, remember to use the link below. Half-Percentage of each transaction will be returned to our Parish in each quarter as a Charitable Donation. There is no price increase for you! Remember, only purchases at smile.amazon.co.uk (not amazon.co.uk) support charity. You can find it under SC002876 or RC Diocese of Argyll...



HEATING&LIGHTING: *In Memory of the Hanratty Family*